WESTERN CHILD AND ADOLESCENT HOSPITAL

CAREER OPPORTUNITY

Applications are invited from suitably qualified persons for the position of:

COUNSELLING PSYCHOLOGIST (HPC/ALH 1)

One (1) Position

(Salary Scale $4,359,501 - $5,182,077) per annum

The **Western Child and Adolescent Hospital,** under the Western Regional Health Authority (a Statutory Body under the Ministry of Health & Wellness) is currently seeking to employ **one (1) Counselling Psychologist (HPC/ALH 1).** Under the direct supervision of the Psychologist, the Counselling Psychologist is responsible for helping patients overcome emotional crises, stress, anxiety, behavioural disorders and mental health issues with the aim of improving overall well-being.

KEY RESPONSIBILITIES WILL INCLUDE:

- Identifies psychological, emotional or behavioural issues in patients or as guided by the Psychologist, determines counselling approach.
- Develops, formulates and implements counselling interventions, therapeutic processes and management plans for patients.
- Plans, coordinates and schedules patients' counselling sessions.
- Collaborates with a multidisciplinary team of healthcare professionals, ensuring holistic and integrated care for patients.
- Assists with conducting diagnostic tests and developing treatment plans.
- Evaluates patient responses to treatment over time and make adjustments where necessary.
- Plans and conducts both one-on-one and group counselling sessions.
- Keeps detailed records of patient mental health history, counselling notes and progress.
- Establishes and maintain positive, trusting and professional rapport with patients.
- Creates individualized treatment plans according to patient needs and circumstances.
- Involves and advises family members when deemed appropriate.
- Refers patients to specialist services where necessary.
- Empowers patients to explore their emotions, develop coping strategies, and make positive changes in their lives.
- Ensures the maintenance and safe storage of program materials, resources and patient information, and all other pertinent documents.
- Maintains confidentiality of patients' treatment and records in accordance with the Authority's policy.
- Participates in clinical training seminars and mentor assistant psychologists, psychology students, and interns on-site.
- Contributes to the development of the Department's annual operational plan and budget.
- Prepares and submit individual work plans and reports as required.

SPECIAL CONDITIONS ASSOCIATED WITH THE JOB:

- May be required to work beyond normal working hours, weekends and public holidays.
- May be exposed to severe or complex cases.
- May be required to wear protective gear.
- May be required to conduct home visits.

QUALIFICATION & EXPERIENCE:

- MSc. Degree in Counselling Psychology.
- Three (3) years of experience in a similar capacity.
- Experienced with psychological assessment and counselling of patients with mental health, behavioural and emotional problems.

- Any requisite license required to practice.

SPECIFIC SKILLS/KNOWLEDGE REQUIRED:

- Excellent written and oral communication skills.
- Excellent interpersonal and listening skills.
- Highly analytical mindset and critical l thinking skills.
- Empathy and sensitivity when dealing with patients.
- Excellent organization coordination problem solving skills and techniques.
- Knowledge of mental, psychological, emotional or behavioural problems and treatment and intervention.
- Ability to conduct psychological therapies, risk assessment and training.
- Knowledge of crisis management and intervention, and the ability to handle psychological crises and de-escalate situations.
- Knowledge of principles, methods, and procedures for diagnosis, treatment, and rehabilitation of physical and mental dysfunctions.
- Knowledge of human behaviour, development and performance; individual differences in ability, personality, and interests; learning and motivation; psychological research methods; and the assessment and treatment of behavioural and affective disorders.

Application letter along with a detailed resume should be sent no later than

September 30, 2026 to:

The Manager, Human Resource Management and Development
Cornwall Regional Hospital
P.O. Box 900
Mt. Salem
Montego Bay, St. James
Email: wcahjobs@wrha.gov.jm

ONLY SHORTLISTED APPLICATIONS WILL BE CONTACTED