



**WESTERN REGIONAL HEALTH AUTHORITY
LOT 31B, FAIRVIEW SHOPPING CENTRE
MONTEGO BAY
ST JAMES**

VACANCY

Applications are invited from qualified persons for the position of:

COUNSELLING PSYCHOLOGIST (HPC/ALH 1)

ST. JAMES HEALTH SERVICES-Child & Adolescent Mental Health Clinic

Salary Scale: \$4,359,501.00 - \$5,182,077.00 per annum

JOB SUMMARY/PURPOSE:

Under the direct supervision of the Psychologist, the Counselling Psychologist is responsible for providing treatment to patients through counselling by listening to and identifying core problems such as emotional crises, stress, anxiety, and behavioural/mental disorders, building strong, long-term relationships based on trust, and monitoring patient response to treatment over time.

KEY DUTIES AND RESPONSIBILITIES:

- Identifies psychological, emotional or behavioural issues in patients or as guided by the Clinical Psychology to determine counselling approach
- Empowers patients to explore their emotions, develop coping strategies, and make positive changes in their lives
- Develops, formulates and implements counselling interventions, therapeutic processes and management plans for patients
- Plans, coordinates and schedules patients' counselling sessions
- Collaborates with a multidisciplinary team of healthcare professionals, ensuring holistic and integrated care for our patients
- Plans and conducts both one-on-one and group counselling sessions
- Keeps detailed records of patient mental health history, counselling notes and progress
- Establishes and maintains positive, trusting and professional rapport with patients
- Creates individualized treatment plans according to patient needs and circumstances
- Involves and advises family members when deemed appropriate
- Refers patients to specialist services where necessary
- Assists with conducting diagnostic tests and developing treatment plans
- Maintains confidentiality of patients' treatment and records in accordance with the Authority's policy
- Participates in clinical training seminars and mentors assistant psychologists, psychology students, and interns on-site
- Performs other duties assigned by the Psychologist

SKILLS/COMPETENCIES AND SPECIALIZED KNOWLEDGE:

- In-depth knowledge of psychological, emotional or behavioural problems and treatment and intervention
- Working knowledge of the public health systems relating to the delivery of healthcare
- Ability to maintain and complete clinical documentation consistently
- Proficient with planning and performing counselling
- Knowledge of human behaviour, development and performance; individual differences in ability, personality, and interests; learning and motivation psychological research methods; and the assessment and treatment of behavioural and affective disorders
- Knowledge of principles, methods, and procedures for diagnosis, treatment, and rehabilitation of physical and mental dysfunctions
- Excellent written and oral communication skills
- Excellent organization, coordination, problem-solving skills and techniques
- Critical thinking and keen attention to detail
- Excellent interpersonal and listening skills
- Highly analytical mindset and critical thinking skills
- Empathy and sensitivity when dealing with patients
- High ethical, professional and moral principles
- Independent, flexible and innovative attitude
- Strong crisis intervention skills
- Ability to work under pressure and outside of close supervision
- Ability to work with a diverse patient base

SPECIAL CONDITIONS ASSOCIATED WITH THE JOB:

- May be required to work outside of normal working hours, including weekends and Public Holidays
- May be exposed to severe or complex cases
- May be required to wear protective gear
- May be required to conduct home visits

QUALIFICATION & EXPERIENCE:

- M.Sc. Degree in Counselling Psychology
- Three (3) years experience in a similar capacity
- Experienced with psychological assessment and counselling of patients with mental health, behavioural and emotional problems

Application letter along with detailed résumé should be submitted no later than

July 3, 2026 to:

**The Director
Human Resource Management and Development
Western Regional Health Authority
Lot 31b, Fairview Shopping Centre
P. O. Box 900
St. James**

Or

E-mail: wrojobs@wrha.gov.jm

NB: ONLY SHORTLISTED APPLICANTS WILL BE CONTACTED