



FOR IMMEDIATE RELEASE

Attention: All News Editors

WRHA Strengthens Care for Mothers and Families at Ramble Health Centre Outreach

Montego Bay, Jamaica – Thursday, December 18, 2025 — The Western Regional Health Authority (WRHA) has reaffirmed its commitment to protecting mothers, babies, and families with the successful hosting of a Maternal Health Clinic Outreach at the Ramble Health Centre in Hanover on Thursday, December 18, 2025, as part of ongoing post-Hurricane Melissa recovery efforts.

The outreach brought critical care directly to one of the communities impacted by the storm, offering reassurance and practical support to mothers during a period of uncertainty. Led by Minister of State in the Ministry of Health and Wellness, the Hon. Krystal Lee, and facilitated by the Western Regional Health Authority, saw 87 care packages distributed to mothers; 25 Christmas gifts to toddlers; and 28 early stimulation toy bags provided.

All participants received a warm meal, small but meaningful gestures that reinforced dignity and care during recovery.

“We’re firmly supporting the wellbeing of our pregnant and post-natal mothers through this outreach as we contribute to recovery efforts following Hurricane Melissa. We are committed to rebuilding stronger, ensuring safer facilities and maternal care across the island,” the State Minister said.

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A total of 87 mothers received care packages, including nine antenatal mothers, 41 postnatal mothers, and 31 early childhood beneficiaries, while 40 families were registered for recovery cash vouchers through the Red Cross, providing much-needed relief.

Clinical services formed a central part of the intervention. Medical teams completed 12 ultrasound scans and antenatal examinations, while 14 patients received curative care. Oral health services were also provided, with 14 dental examinations conducted, alongside health talks focused on prevention and wellness.

Beyond clinical care, the outreach addressed the emotional and psychosocial needs of mothers. Health education sessions covered maternal nutrition, breastfeeding, danger signs in pregnancy, water safety, dengue and leptospirosis prevention, and physical activity during pregnancy. Six (6) antenatal and ten (10) postnatal mothers were screened for depression, and a focus group discussion created space for women to share their experiences and concerns.

Speaking on behalf of the WRHA, Dr. Marcia Johnson Campbell, Regional Priority Non-Communicable Diseases Coordinator/ Family Health, underscored the deeper significance of taking services into communities following a disaster.

“After a hurricane, fear and uncertainty can be just as dangerous as physical illness. When we bring care directly to mothers—when we listen, screen, counsel, and support, we are not only protecting lives, but we are also restoring confidence and hope. Every mother deserves to feel seen, supported, and safe, especially in times like these,” Dr. Johnson Campbell said.

The WRHA commends the Ramble Health Centre team, community health aides, Ministry of Health and Wellness partners, the Hanover Health Department, the Jamaica Information Service, and international Red Cross partners for their collaboration and dedication. Their combined



efforts ensured the smooth execution of an outreach that delivered both medical care and comfort.

As recovery from Hurricane Melissa continues, the WRHA remains steadfast in its mission to ensure that no mother and no family is left behind, and that maternal and child health services remain accessible, compassionate, and resilient across the Western Region.

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